



**COMPETITION RULES
OF MAS-WRESTLING**



Competition rules of mas-wrestling.

I. General regulations.

Mas-wrestling (stick pull) is the Yakut national sport.

Traditional folk game of pulling objects (sticks, whips, leather, planks, spears, lasso) existed in many nations of the world, for example, Yakut version it is called - mas tardyhyy, in Kyrgyz - tayak tartysh, in Turkish - agach guresh, English version – stick pull and other variants.

Two athletes sit on the floor facing each other, the soles of their feet touching. Feet must be parallel and together. Barehanded, with palms facing the floor, athletes firmly grasp a stick placed between them. To win, the athlete needs to snatch from the hands of an opponent the stick or drag him on his own side with a stick. The duel lasts until two wins of one of the wrestlers. The duration of one round is up to 2 minutes.

II. Competition area.

Competition area for mas-wrestling is a smooth platform, without any rough edges platform withstand the load of 600 kg/m², its size should be 12x10 meters; height 50-100 cm.

Surface of the platform is sized - 2x4 meters and should be covered with a material with a smooth surface (chipboard, fiberboard).

III. Jamb board and stick.

The board should have the following dimensions: length of the inside is 200 cm (between the side supports), height - 24 cm, width - 4-6 cm, edges of the upper edges should be rounded, smooth, height of the rounded top edge - 1,5 cm.

Jamb board must have pre-start area, marked with contrast lines, spaced outer edges from the transverse axis of the jamb board for 50 cm. The board should be firmly clamped from both ends with side supports with width 15 - 25 cm, height of 22-24 cm. Side supports should be smooth, without sharp angles.

The stick should be made from birch or other durable species of wood, of cylindrical form, the stick should have center mark with width in 1 cm with following dimensions: length - 45- 50 cm, diameter - 33 mm.

IV. The system of competition.

The competition is holding by the system of direct elimination with consolation matches with finalists is used for athletes who lose to finalists, i.e. the athletes that compete for the 1st and 2nd places.

There should be a multiple number of athletes to utilize the system of direct elimination, i.e. 4, 8, 16, 32, 64, etc. If there is not such number of athletes in any categories, qualification matches (adduction round) should be held.

Bringing to a multiple number is conducting at the beginning of the competition for the athletes, who situated at the bottom of the table.





Athletes, who lost in the first and second rounds begin consolation matches, against to one of two finalists and completed by the losers in the semi-final by the system of direct elimination. Winners of two final consolation matches take the third place, athlete who lost – fifth place.

Competitions are held as following:

- Qualification matches (adduction round);
- Elimination matches;
- Consolation matches;
- Final matches.

All matches in each weight category are held during one day. If there are less than six athletes in one weight category, the round system should be used (each athlete against every other athlete).

V. Age groups.

Men - 18 years and older, women - 18 years and older.

The specified number of years the athlete must achieve before the date of commencement of the sports competition.

VI. Personal outfitting of athletes.

Men's clothing – tight-fitting, made from one-piece (from the same material) special sports bodysuits for mas-wrestling made by fixed pattern, lightweight shoes without spikes (shoes, sneakers), allowed the wearing of socks to the knees.

Women's clothing – special sports bodysuits for mas-wrestling made by fixed pattern, sports jersey or t-shirts, lightweight shoes without spikes (shoes, sneakers), allowed the wearing of socks to the knees.

Form color of an athlete must match the color of the platform on which side he/she is invited - red or blue (according to drawing). Allowed to use:

- Special belts width not exceeding 10 cm;
- Knee pads and elbow pads with length no more than 30 cm.
- Handhelds;
- Powder agents without any tacky characteristics (magnesia, rosin), and liquid magnesia.

VII. Judicial and Informational Equipment.

Informational table.

Informational table (for each platform) should be located beyond of working zone, that the information can be seen for referees, spectators, officials. The table should show the match (results, warnings, etc.).

Video system.

Video system should be used as additional help for referees, which will record the competition.

